

FREE

EVERYTHING FOOTBALL

Youth Athletes Edition



MAY/JUNE EDITION 2017



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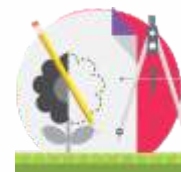
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LETTER FROM THE EDITOR

The purpose of this magazine is to provide parents with the research needed to evaluate and compare football teams and development programs that will meet the needs of their young football player right where they are. We hope this magazine will be used as a tool to reference now and years to come as we keep a close eye on the local football community updating team profiles and resources throughout the year.

We are secondly devoted to the development of coaches. The role the coaches play in shaping the mind of young players will stick with them for the rest of their lives. The education players receive from their Little League coaches will lay the foundation for their future experience. What is or is not learned can be the determining factor in being prepared for their next football opportunity. Tools and resources for coaches will be the cornerstone to how we contribute greatness to this game.

ABOUT US

EVERYTHING FOOTBALL is a youth football magazine dedicated to acknowledge exceptional local players/teams and their accomplishments, that provides tools to improve performance and general cultural information on the subject. It aims to bring the local community closer and maintain families engaged in the love of sportsmanship.

We have a tremendous opportunity to reach the player, family, and coach. With that comes the responsibility to make sure we are doing our job as an organization and publication to maintain high level standards as we perpetuate the love and participation of this cherished game of football.

This will be the first of two editions for the year of 2017. Year 2018 is another story.

Thanks to all of you have helped make this possible. Family, friends, coaches, and advertisers for helping bring a comprehensive resource guide together. A final thanks to you for picking up this magazine and helping make it a success by acquiring the goods and services made available to you. Continue your pursuit of greatness and we will be by your side to help you get there!

We will see you on the field.

Enjoy!

DISTRIBUTION

CAMPS: Locations - Pearland Recreational Center and Pearland YMCA Spring 2017. Fall 2017 YMCA and Recreational Centers across Houston Area. Estimated Spring-Fall Enrollment: 600.

Distribution Sites: 7,000 Magazines annually. Trade show tables, Football Games, YMCA's, Recreational Centers, Local H-E-B's.

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Equipment Needed

(Article by Julied)

This year many families will be starting their child in football for the very first time. Pad fitting was one of the most exciting times for our family! Seeing our son with all of the gear on made me and my husband wear a grin from ear to ear! Here is a heads up on what your little one will be getting and what purpose it serves on the field.

Helmet-Most important piece of equipment in football. Face masks are mandatory. Jaw pads optional.

Do little to protect from injury. New and improved helmets are available that do a better job protecting from shock. It's called Xenith X1. Foam within

Neck Collar/Neck Roll- Worn by linebackers and defensive lineman for whiplash protection.

Jockstrap-Athletic supporters and protective cups are mandatory

Mouth Guard-protect teeth, jaw, and head injuries. This must be worn at all times.

High Hip and Knee Pads-

Largest leg pad. It protects thigh from collision. It helps cushion the blow.

Shoulder Pads- Two types; cantilevered and flat. Cantilevered pads are larger for players on the offensive and defensive line and linebackers who receive more direct collisions. Flat pads are used mainly by quarterbacks and receivers as they are smaller and restrict movements.

Gloves- Receiver gloves aid in catching the ball, especially when cold. Lineman gloves have more padding and help protect all parts of hand.



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OBSERVABLE SIGNS AND SYMPTOMS OF A CONCUSSION



One of our worst nightmares as a parent is to see our child suffer from an injury as serious as a concussion. We can't predict when or how it will happen, but in the event it does here are some signs to look out for.

Keep in mind, some signs will present themselves long after a blow to the head has occurred, so please keep an eye on your child. (Research from Ironman Sports Medicine/Memorial Hermann)

Signs of Concussion

- Appears to be dazed or stunned
- Is confused about assignments or position
- Forgets instruction such as sports plays
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses Consciousness (even briefly)
- Cannot recall events PRIOR to hit or fall (retrograde amnesia)
- Cannot recall event AFTER hit or fall (anterograde amnesia)

(continued)

BAY AREA FOOTBALL LEAGUE

President: president@bayareafootballleague.com

PEE WEE: Age 5-6 100lb max

Freshman: Age 7 131lb max/Age 8 90lb max

Sophomore: Age 8-9 140lb max

Junior: Age 10 150lb max/Age 11 115lb max

Senior: Age 11-12 170lb max



CLUBS

Bayou City Gators
Beaumont Bulls
East End Eagles
Ellington Rams
LaMarque Cougars
League City 49ers
League City Saints
Magnolia Park Sharks
Northshore Mustangs
Pasadena Panthers
Pearland Patriots
Pearland Hurricanes
Pearland Texans
Sagemont Cowboys
Southbelt Dolphins
Texas City Stingrays





Symptoms Reported by Athlete

- Headache or pressure in head
- Nausea or vomiting
- Dizziness or balance problems
- Double or blurred vision
- Sensitivity to light
- Sensitive to noise
- Feeling sluggish, hazy, foggy, groggy or slowed down
- Concentration or memory problems/Confusion

Seek Immediate Medical Attention at an Emergency Room

- Headache that increases in intensity
- Nausea or vomiting
- Difference in pupil size from left eye to right eye or dilated pupils
- Blurred or double vision
- Slurred speech
- Noticeable changes in level of consciousness
- Seizures
- Decreased or irregular pulse or breathing
- Mental confusion or behavior changes
- Dizziness memory loss
- Ringing in the ears

(continued)

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First Vice President Bob Faughtenbery 936-563-5273 football@eastex.net

Pee Wee: Age 6-7 40lbs.-120lbs.

Freshman: Age 8 50lbs.-130lbs.

Sophomore: Age 9, 50lbs.-140lbs.

Junior: Age 10 50lbs.-150lbs.

Senior: Age 11-12 50lbs.-160lbs.

RESTRICTIONS APPLY. PLEASE CHECK SITE AND LEAGUE ADMINISTRATION FOR DETAILS.



TEAMS

Alvin Yellow Jackets and Jacket Jazz Dancers
Barbers Hill Eagles and Eagle Stars
Bay Area Sharks and Sharkettes
Clear Lake Falcons and Lady Falcons
Clear Lake Space Raiders and Rockettes
Deer Park Rams and Dear Hearts
Deer Park Tigers and Starlights
Dickinson Gators and Gatoreetes
La Porte Cowboys and Cowgirls
La Porte Texans and Darlings
Pasadena Bears and TX Sweethearts
San Jacinto Ravens and Lady Ravens
Santa Fe Braves and Starlettes
Pearland Vikings and ViQueens

GAME VENUES

Alvin High School, Alvin TX
Barbers Hill High School, Mont Belvieu, TX
Clear Lake Park, Seabrook, TX
Space Center Int, Houston, TX
Bonnette Jr. High, Deer Park, TX
Clyde Abshier Stadium, Deer Park, TX
600 Little Cedar Bayou Dr, Dickinson, TX
Laporte Jr High, La Porte, TX
Deer Park North Campus, Deer Park, TX
Pearland High, Pearland, TX



THE ZERO FLEXIBLE FOOTBALL HELMET



W

hat if there was a helmet that could protect your child from serious trauma to the head during a football game? Many Mom's across the country worry about the same thing, and there is plenty of reason for it. Concussions are a major concern when it comes to football. Nearly 1 and 3 players in the NFL have experienced some sort of head trauma.

Experts have been reaching for a solution and now one has finally came to players everywhere, the Zero Flexible Football Helmet.

Vicis designed this helmet with the help from the automotive industry, which uses tiny plastic bumpers and crumple zones as a protective measure for several years. In this helmet the outer

shell has a core layer, which is comprised of several hundred flexible columns that act like shock absorbers. The outer shell is the heart of the Vicis Helmet and was created by Per Reinhall, head of the University of Washington's mechanical engineering department and co-founder of Vicis.

What does this mean? This outer shell on the helmet could prevent players from experiencing head injuries. This is because current helmets on the market do not prevent impact injuries. The column design makes this possible.

Each of these columns are unique in their way varying in length and thickness depending on their position in the helmet, because they are made from resilient polymer that bends in any given direction.

This helmet works because impact makes the helmet form in a C shape and then snaps back into place in a millisecond. This slows the acceleration of force before it reaches the player's head. After several impact tests the results are promising. Anywhere from 20 to 50 percent of the impact is absorbed rather than the brain. This helmet acts like bubble wrap for your child's head.

Because of this new design player's brains could be protected and even saved. Slowing down the impact by 2.5 inches could make the difference between life and death. All because this helmet allows the head to move with impact, shifting some of the energy the brain would otherwise absorb.

THE HELMET
REIMAGINED

An All-New Helmet Design

Lode Shell - Soft outer layer works like a car bumper, deforming when struck to absorb the blow.

Core Layer - Small columns move in every direction to bend with the force, reducing linear and rotational impact.

Arch Shell - The hard plastic shell is sandwiched between soft layers to protect the skull.

Form Liner - Waterproof textiles and special foams distribute pressure around the head and form a unique fit.

Chin Strap - Two of four snaps connect to the inner shell to limit energy flow to the jaw.

Source: Vicis



SOUTH TEXAS YOUTH FOOTBALL ASSOCIATION

WWW.LEAGUELINEUP.COM/SOUTHTEXAS

President John Layton

Vice President Lonzie Helms

Teams are separated into leagues
& colors (categorized by AGE)

Leagues are divided into DIVISION
East/West (categorized by location)



LEAGUES

Freshman Age 6-8 (max weight 110.9)

Sophomore Age 9 (max weight 130.9)

Junior Age 10 (max weight 150.9)

Senior Age 11-12 (max weight 170.9)

DIVISIONS

East/West

TEAMS

Angleton Wildcats

Bay Area Texans

Bay City Lil' Cats

Brazosport Longhorns

Friendswood Broncos Blue/Orange/

White

League City Cowboys

Pearland Eagles

Shadow Creek Titans Blue/White

Columbia Lil'Necks



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MANVEL TEXANS MEDIA RELATIONS TEAM



Our 2017 Manvel Texan freshman team has reunited with their 2015-2016 pee-wee team mates, where they—together-- had an 8-0 season and were super bowl runner-ups. Since the split their 2nd year pee-wee team mates made it for a second time to the superbowl and the freshman's themselves had a productive season holding a 7-2 record.

It's safe to say that now that the explosive team is back together along with the Texan's leading coaches, Houston, Brown, Stubbs and Harden, they are sure to meet their next Super Bowl competitor back at Rice Stadium!!

Along with their success on the field, the Manvel Texan Freshman team succeeds just as well off the field! Volunteering their time at the Stone Brook Orchard Senior

Home; where they hand out winter necessities to those who are in need, these little, big hearted football players never cease to amaze!

Our philosophy is to not only teach the fundamentals of football, but to prepare our Bulls to be Educated, productive, giving citizens in their local community; while, understanding the

importance of teamwork and that there is no "I" in team.

Our team of coaches and volunteers works with the Manvel Texan Bulls on a year-round basis. Hosting free camps, spring training, and in-season training 3 days a week.

WE ARE "One Team, One Dream."
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Freshman-Senior
Chapters

Maurice Willis President mawillis@utmb.edu
Kevin Bell Vice-President kevin_d_bell@yahoo.com

TEAMS

Alvin Yellow Jackets
BeastMode of Friendswood
Deer Park Seminoles
Dickinson Lions
Friendswood Colts
Galveston Hurricanes
Galveston Riptides
Hitchcock Red Raiders
LaMarque Cougars
League City Panthers
Manvel Texans
Pearland Buccaneers
South Houston Wildcats
Texas City Bengals

GAME DAY LOCATIONS

Beastmode Field Clear Brook High School Friendswood
Bengals Field- Texas City
Bob Briscoe Park- Alvin, TX
Buccaneers Field- Pearland, TX
Colts Field- Friendswood, TX
Cougar Field-Mahan Park, LaMarque, TX
Hurricanes Alternate Field Galveston
Hurricanes/Riptides Field- Galveston TX
Lions Field- Dickinson, Dickinson TX
Panthers Field- League City, TX
Red Raider Field-Hitchcock High, Hitchcock, TX
Seminoles-Pasadena TX
Seminoles Field- Deer Park, Deer Park TX
Texans Field- Manvel TX
Univ. Of Rice-Houston TX
Wildcats Field-South Houston TX
Yellow Jackets Field-Alvin TX



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